

# **Request Following the Issuance of a State of Warning ①**

**The Omicron variant of COVID-19 is spreading nationwide, and the first detected case of infection with the Omicron variant was confirmed in Niigata Prefecture on January 7. Following a rapid increase of newly infected cases within the prefecture, from today (January 8) Niigata Prefecture has independently issued a State of Warning. (We have moved to level 2 on the national scale of COVID-19 assessment.)**

**From now, out of concern for a rapid outbreak of the Omicron variant within the prefecture, and considering the constant possibility of infection, we would like to ask all residents to thoroughly practice basic infection prevention measures (washing and disinfecting your hands, avoiding the 3 Cs, wearing a mask), and to follow the points below:**

**<In order to prevent the spread of COVID-19>**

**[ 1 ] Act according to your health**

**◆If you feel unwell...**

- Do not make any non-essential outings**
- Do not go to places with other people**
- Do not partake in events or drinking parties**

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## [ 2 ] Get tested for COVID-19

- ◆ Get tested before an event or drinking party with a large number of people
- ◆ If you are coming to Niigata Prefecture from another prefecture, get tested in your local area before you travel

For those with no symptoms (free until January 31, 2022)

- ① You can get tested at Niigata Vaccine-Test Package Centers
- ② You can get tested at your local Tsuruha Drug or Welcia Drugstores

For those with symptoms (free)

Contact your primary care doctor or call a Test/Consultation Center

※ For consultation in Japanese

【COVID-19 Consultation Center】 ☎ 0 2 5 - 2 5 6 - 8 2 7 5

<Available 24 hours a day including weekends and holidays>

※ For consultation for non-Japanese speakers

【Multilingual COVID-19 Hotline】 ☎ 0 2 5 - 2 5 6 - 8 5 7 3

<Available 24 hours a day including weekends and holidays>

## [ 3 ] If you have a gathering or party with food and drinks, please be cautious.

◆ Please **refrain** from having drinking parties with **people from outside of the prefecture, or people you do not regularly meet with**

◆ For other drinking parties, follow the points below:

✓ Limit the number of participants as much as possible

✓ Adjust the event parameters, such as:

- staying seated (no standing and moving seats)
- no pouring drinks for others
- keeping the number of people below 50% of maximum capacity (also keeping apart while sitting)
- keeping events short

※ Let's use stores that have been certified as thoroughly following COVID -19 prevention methods! Look for "Niigata Certified Safe Shop Support Project" stickers.

## [ 4 ] Be particularly cautious when travelling to and from prefectures that are under quasi-state of emergencies