Orientation for International Students of Niigata University (Reading-material Part)

2. Things You Need to Know for Learning, Researching and Enjoying Campus Life at Niigata University

2-1. Student ID card

- Receive your student ID card at the Student Affairs Office of your faculty/graduate school.
- Confirm your name, date of birth, your faculty/graduate school, as well as period of study if you are a non-degree-seeking student.
- Memorize your ID number and name of your faculty/graduate school.
- Carry it with you at all times, just like your residence card,.
- Return your student ID card to the Student Affairs Office when you have finished your program at Niigata University (when returning to your home country).

2-2. Student Web System



- What you can do on the Student Web System
 - ✓ Register courses
 - ✓ Submit class assignments
 - ✓ View your grades
 - ✓ Receive notices regarding classes
- Login screen
- Manual
- Be sure to check at least once a day.

2-3. Course registration

- See the reference materials on the website to understand the basics of course registration.
- Orientation for International Students conducted by Niigata University
 - ✓ How to apply for subjects via online
 - ✓ Application period
 - ✓ How to change courses after application period
 - ✓ Japanese language learning subjects and intercultural collaborative subjects

2-4. [For privately financed international students] Tuition Exemption and Payment Deferral Program

- Students with excellent academic records who have difficulty paying tuition due to economic hardship may apply for and be exempted from paying all or part of the tuition fee.
- Students may also be granted deferral of tuition payment.
- Application to these programs will be notified via "連絡通知"(Message/notification)" of the Student Web System.
- You must take application procedures on a specified date for each semester (first and second semester). Applications made on other than specified date will not be accepted.

2-5. [For privately financed international students] Scholarships

- Scholarships that can be applied after enrollment to Niigata University*
 - *Eligible students: Degree-seeking students and research students (not applicable for exchange students)
 - (1) Scholarships with University Recommendation
 - Preliminary applications for various scholarships are accepted once a year, as a general rule. Recommendation will be granted in order and according to the recommendation ranking based on academic performance.
 - (2) Scholarships based on Individual Application
 - Students apply for these scholarships on their own and are not required to be recommended by Niigata University.
- Information on application will be posted on What's New under "国際交流•留学" (International Exchange and Study Abroad) page on Niigata University Website.
- First visit the webpage to collect detailed information on scholarships.
 Niigata University: Scholarships

2-6. Health(1) Infectious diseases

- If you have any of the following infectious diseases, please do not attend school to prevent the spread of infection (according to the School Health and Safety Act of Japan).

 Novel coronavirus infection, influenza, measles, rubella, chicken pox, mumps, pharyngoconjunctival fever, whooping cough, meningococcal meningitis, and other infections
- If you have symptoms peculiar to an infectious disease, such as fever, cough, or rash, please consult a medical institution immediately.
- If you are diagnosed with the above infectious disease
 - 1 Promptly report the diagnosis results to the Academic Affairs Section by phone or email.
 - 2 Answer the Questionnaire of the Health Administration center.

2-6. Health(1) Infectious diseases

- According to School Health and Safety Act of Japan, students can return to University only after they have taken a break for the stipulated period, and their symptoms have subsided.
 - ✓ Novel Coronavirus

Do not return to school until 5 days have passed from day 0 of the onset of symptoms and 1 day has passed after symptoms have subsided.

✓ Influenza

Do not return to school until 5 days have passed from day 0 of onset of symptoms and 2 days have passed since the fever has subsided.

- Contact information
- ✓ Health Administration Center Tel 025-262-6244
- ✓ Asahimachi campus Tel 025-227-2040

2-6. Health(2) Health checkup

- Regular health checkups are conducted annually in spring.
- You must undergo health checkups to protect your own health and for early discovery of any diseases that may be transmitted to others.
- You will need a reservation to take a checkup offered at Ikarashi Campus. To make a reservation, login from the Health Administration Center website (The login page in Japanese).
- Be sure to bring your student ID card with you when you take a regular health checkup.
- If you do not take the regular checkups, the University will not be able to issue a Health Examination Certificate when you need it for job hunting, seeking further education, taking laboratory classes, and applying for scholarships.
- Schedule of health checkup will be posted on the bulletin board, etc.



2-7. Student counseling

- Academic and personal matters
 - ✓ Your academic advisor
 - * Contact Student Affairs Office if you are not sure who is your academic advisor.
 - ✓ One-stop Student Support Counter (Gakusei Nandemo Soudan Madoguchi)
 - ✓ <u>Student Counselors</u>
 - ✓ <u>Student Counseling Room</u>
 - ✓ Student Affairs Offices

- Health issues
 - ✓ <u>Niigata University Health Administration</u> Center
 - Internal medicine list
 - Mental healthcare support

Niigata University: Health and Safety, Student Life

2-8. Other points to note

(1) Drinking manners

- Drinking alcohol under the age of 20 is prohibited by law.
- Please keep in mind that acute alcohol intoxication can lead to death. Drink moderately and take your time when drinking alcohol.
- Never ride a motorcycle or bicycle after drinking, not to mention automobiles.

(2) Sexual harassment

- Unwelcome conduct of a sexual nature (verbal, non-verbal, physical and etc.). Examples: One-sided expression of sympathy, sending a lot of emails and often calling for conversation, persistently inviting for having meal or dinner together.
- Whether or not it constitutes sexual harassment depends on whether the person who received the act, felt uncomfortable.
- If you feel you have been sexually harassed, let that person know in your words and behavior..
- If it is difficult to say "No", ask someone for advice or consult with Harassment counsellor in the University.
- ✓ Harassment counsellor: Confirm the "List of Harassment counsellors" at Student Web System. Login to the Student Web System, click the "Download" icon and find the "List of Harassment counsellors".

2-8. Other points to note

(3) Nuisance cases

- There are a lot of complaints to the University
 - ✓ Traffic etiquette on narrow roads: fast bicycle drivers, spreadly walking pedestrians, and etc.
 - ✓ Late night noises: playing soccer in the park loudly.
- It is important to act with compassion, that all residents could live in comfortable environment, instead of thinking only about own pleasure.

(4) Cult, religious or political groups

- ✓ Cult groups disguised as student clubs are seen recruiting its members around campus.
- ✓ If you are invited to join a suspicious group or notice something odd, clearly say "NO" and report to students' counseling services, Student Affairs Office or the International Office.

2-9. Emergency contact

Accidents/incidents: Call the police at 110 Ambulance/fire: Call the fire department at 119

On weekdays between 8:30 a.m. to 5:15 p.m., also call:

- (1) Your academic advisor (Always keep your advisor's phone number)
- (2) Student Affairs Office of your faculty/graduate school

Or the International Office (025-262-7333) if you are a student at the International Exchange Center

(3) Director of the International Exchange Center (080-2169-8244)

2-10. Extracurricular activities

There are more than student clubs and groups:

Sports clubs

Cultural clubs

Music/dance clubs

Volunteer groups

Others

- Extracurricular activities offer opportunities for making friends and enjoying campus life outside of your study.
- It is important to thoroughly understand the purpose and nature of the activities before you decide to join a club/group.
- Niigata University: <u>List of Student Clubs/Groups, Extracurricular Activities</u> (in Japanese)

2-11. Volunteer opportunities of intercultural education at local schools

- Opportunities to participate in English classes or international understanding workshops at local elementary, junior high and high schools upon request.
- Example of volunteer activity
 Previous international students participated in the International Festival held at a local elementary school, introducing their home countries and dancing with the children.
- Valuable opportunities to interact with the local people, and foster deeper understanding of Japan.
- You will receive notices of request for volunteers by email from the International Office.

2-12. Study at NU webpage

- The webpage provides information for international students.
- Be sure to check the webpage at least once to see what information you can find there.

Niigata University: Study at NU



新潟大學