AUN - SUN/SIXERS STUDY AND VISIT PROGRAMME 2025 DISCOVERY - DIVERSITY - DYNAMICS (3DS)



六大学の学生と共に、タイで未来を切り拓く2週間

~国際機関・企業訪問、文化体験で、多様性と創造力を養う~

研修テーマ

CRAFTING THE FUTURE: TRADITION, INNOVATION, AND SUSTAINABLE CREATIVITY

- ■研修の概要
- ■研修先:タイ
- ■渡航期間:2025 年 8 月 31 日(日)~9 月 13 日(土)
- ■使用言語:英語
- ■募集定員(六大学合計): 20 名(最少催行人数:15 名)

※岡山・千葉・新潟・金沢・長崎・熊本大学の学生が参加予定

- ■滞在方法:現地大学宿舎/ホテル(未定)
- ■研修費:約21万円(為替等により変動の可能性あり) 授業料、空港の送迎、現地での移動・宿泊・活動中の食事・訪問先・文化活動・フィールドワークなどの費用が含まれます。
 - ※自由時間の食費、往復航空券代、海外留学保険料などが含まれません。

■過年度参加者の感想 (渡航時)岡山大学法学部2年 I さん ■ 1 であり

タイの文化や政治に関心があった私にとって、国際機関での講演や、現地の遺跡・歴史に関するチュラロンコン大学での講義は、どれも興味深かったです。また、他大学や現地の学生との交流も本研修の醍醐味の一つです! 食事やショッピングを一緒に満喫し、現地の学生からはタイ語を教えてもらいました。特に印象に残っているのがムエタイのワークショップで、丁寧な説明のおかげで初心者でも楽しむことができました。ほかにも、魅力は書ききれないほどあります!

皆さんも、東南アジアを多角的に学び異文化交流もできる研修で、刺激的な経験 をしてみませんか?





PROGRAMME SCHEDULE

Date: 19 - 31 August 2024 Location: Bangkok, Ayutthaya, Rayong, Chanthaburi

Date/Time (Bangkok Time)	Organization/place	Activities			
Day 0 Sun 18 August 2024					
15.00	Pickup participants from the airport				
17.00	Hotel check-in				
17.30 onwards	Dinner (as preferred)				
Day 1 Mon 19 August 2024	Day 1 Dress code: Mon 19 August 2024 Smart casual				
08.00 - 08.30	Travel to 7th Floor, Cha	ımchuri 10 Building by CU Shuttle Bus			
08.30 - 10.00		Programme Introduction & Ice Breaking - Welcome remark by Choltis Dhirathiti, Ph.D., AUN Executive Director - Group photo - Programme introduction by AUN Secretariat			
10.00 - 12.00		Lecture on "Demographic Dynamics: ChangingCommunities and Health"			
12.00 - 13.30	Lunch				
13.30 - 15.30	Scrapbook Workshop				
16.30 - 17.00	Return to hotel				
17.00 onwards	Dinner (as preferred)				
Day 2 Tue 20 August 2024	Day 2 Tue 20 August 2024 Dress code: Smart casual				
09.00 - 09.30	Travel to Bank of Thailand Museum by Van				
09.30 - 11.00	The Bank of Thailand Museum	Cultural Exposure/Visit			
11.00 - 13.30	Lunch (Lunch Box) and Depart to UNESCAP by Van				
13.30 - 14.00	United Nations Economic and Social	Arrival & picking up the meeting badges, followed with a UNCC tour			
14.00 - 14.40		Welcome remarks and an overview of UN/ESCAP by the Communications and Knowledge Management Section			
14.40 - 15.15	Commission for Asia and the Pacific	Briefing on Environment and Development			
15.15 - 15.30	(UNESCAP)	Break			
15.30 - 16.10		Presentation on SDG Outlook in Asia and the Pacific			
16.30 - 17.30	Dinner at Hua Hin Photchana				

Day 3 Wed 21 August 2024		Dress code: Sunsixer T-shirt, Skirts must cover the knees		
08.30 - 09.00	Travel to 7th Floor, Chamchuri 10 Building by CU Shuttle Bus			
09.00 - 11.00		Lecture/Workshop Session on Content Creator		
11.00 - 12.30	Lunch at Faculty of Arts' Canteen, CU (Travel by Muvmi)			
12.30 - 13.00	Travel to Wat Pho by MRT / BTS			
13.00 - 15.30	Wat Pho & Wat Arun	Cultural Exposure/Visit		
15.30 - 16.30		Return to hotel by MRT / BTS		
16.30 onwards		Debrief / Dinner (as preferred)		
Day 4 Dress code Thu 22 August 2024 Smart casu				
06.30 - 07.00	Hotel Check - Out			
07.00 - 08.45	Travel to Ayutthaya by Van			
00.45 10.00	YAKULT (THAILAND) CO., LTD.	Lecture on Yakult products, Yakult Benefits, and production process		
08.45 - 10.30		Visit the production process and wastewater treatment plant		
11.00 - 11.30	Depart to Restuarant			
11.30 - 13.00	Lunch at hanging noodle			
13.30 - 16.30	Travel to Rayong by Van			
16.30 - 17.00	Hotel Check - in at The Great Rayong			
18.00 onwards	Dinner at Restuarant			
Day 5 Fri. 23 August 2024		Dress code: Sunsixer T-shir		
07.30 - 09.00	Travel to Burapha university, Chanthaburi campus by Van			
09.00 - 10.00		Lecture on "As an ASEAN"		
10.00 - 10.15	Burapha university, Chanthaburi campus	Break		
10.15 - 11.15		Lecture on "Sustainable Development Goals: A Case Study of Chanthaburi, Thailand"		
11.15 - 12.30	Lunch			
12.30 - 13.00	Travel to Boploy Lekphet by Van			
13.30 - 16.30	Boploy Lekphet	Gemstone Digging & Craft Personalized Necklaces/Keychains from Mined Gemstone		
16.30 onwards	Return to Hotel & Dinner at the restuarant			

ay 6 at. 24 August 2024	1	Dress co Casua	
08.30 - 09.15	Travel to Kaoyot Fishing Community		
09.15 - 11.00	Kaoyot Fishing Community	Lecture session: Crab Bank and Local Fishing Methods	g
		Beach cleanup	
		Coral nursery with rope techniques	
11.00 - 12.30		Lunch at the Restuarant	
12.30 - 13.00		Return to Hotel by Van	
13.00 - 17.00	Free time for Self Reflection		
17.00 onwards		Dinner at Restuarant	
ay 7 un. 25 August 202	4	Dress co Casuc	
08.30 - 09.30	Travel to Ban Talae Noi community		
09.30 - 10.30		Palm leaf hat by Mae Som Sri.	
10.30 - 11.30		Sun-dried salted fish workshop	
11.30 - 12.30	Ban Talae Noi community	Lunch	
12.30 - 13.30		the basics of local vegetables (ฐานผักกระชับ)	
13.30 - 14.30		Indian marsh fleabane Tea (ฐานชาใบขลู่)	
16.00 onwards	Depart to	Depart to the hotel and Dinner at Restuarant	
ay 8 Ion. 26 August 202	24	Dress co Casuc	
08.30 - 09.00	Hotel Check - out		
09.00 - 11.30	Return to BKK		
11.30 - 12.30	Lunch at Motorway (TBC)		
13.30 onwards	Hotel Check - in at Lub D Bangkok Siam		
13.30 onwards	Dinner (as preferred)		
ay 9 ue. 27 August 2024	1		
		EE DAY	

y 10 ed. 28 August 202	4	Dress code Casual	
	Depart to Sabieng Thai Cooking School by MiniBus		
09.00 - 12.00	Sabieng Thai Cooking School	Cultural Workshop: "Team Building"Thai Cooking	
12.00 - 13.00		Lunch at Sabieng Thai Cooking School	
13.00 - 14.00	Depart to Urban Mobility Tech Co.,Ltd. (MuvMi)		
14.00 - 16.00	MuvMi	Lecture & Site Visit	
16.00 - 17.00		Return to hotel	
17.00 onwards		Dinner (as preferred)	
ıy 11 u. 29 August 2024	ı	Dress code Casual	
07.45 - 08.30	Travel to Samut Prakan by Van		
08.30 - 10.30		Lecture and workshop: Stingless Bee Beekeeping	
10.30 - 12.00		Workshop: Khanom thuai	
12.00 - 13.00	Bang Namphueng	Lunch	
13.00 - 14.00	—community	The Thai Herbal Compress ball	
14.00 - 14.20		Snack break	
14.20 - 15.30		Natural Tie Dye Clothe	
15.30 onwards		Return to Hotel by Van	
ıy 12 . 30 August 2024		Dress code: Sunsixer shir	
08.00 - 08.30	Travel to 7th Flo	Travel to 7th Floor, Chamchuri 10 Building by CU Shuttle Bus	
08.30 - 12.00	Discussion and preparation for group work		
12.00 - 13.30	Lunch (Lunch Box)		
13.30 - 16.00	Group work presentationPresentation of certificates Closing		
16.30 - 17.00	Return to Hotel by CU Shuttle Bus		
17.00 onwards	Dinner (Moo Kra Ta)		
ıy 13 t. 31 August 2024			
03.30 - 04.15	Departure to airport by Van		